

# COLLEGE COVERAGE

## in The Plaid Horse

- \* Show Results
- \* Around the (college) Ring
- \* Rider Profiles
- \* College News
- \* Who's Winning What

To have information from your college included in this new section, submit relevant information to us at: [theplaidhorse@aol.com](mailto:theplaidhorse@aol.com)

We are also looking for one or two college interns who might be interested in helping with this new section.

(Will be done via email, so location is not an issue)

Call 732-684-4565 for additional information.

**IHSA NEWS****TOURNAMENT OF CHAMPIONS**

Pre-Season Classic

Hollins University, Roanoke, VA

Judge: Bob Crandall, Baltimore, MD

*As reported by Rebecca Morehouse Hall*

While the weather was horrid on Saturday, Sunday became sunny and a perfect show day for one of the most smoothly run horse shows I've ever attended, as either a spectator or competitor. This was due, in no small part, to the expertise and hard work of Jim Arrigon, (IHSA National Secretary and originator of the Tournament of Champions); Gwen Arrigon, who provided ribbons and awards; the Hollins University staff of Nancy Peterson (Director of Riding), Sandy Gerald (Head Coach), Liz Courter (Associate Head Coach) and Elise Roschen (Stable Manager and Assistant Director of the Riding Program and winner of the IHSA Sportsmanship Award in 2007); as well as the many volunteers.

There was no "one minute rule" needed at this show! Flat riders were mounted and ready to enter the ring while the class before them was being run. Over fences competitors were in the ring while the previous rider was completing their courtesy circle at the end of their course.

As the host school, Hollins provided a number of wonderful school horses, and the horses brought in by Virginia Intermont, Randolph and Bridgewater Colleges were fabulous as well. I know the riders were very appreciative of these incredible mounts.

Thirteen colleges were represented, including: Berry College (two teams), Bridgewater College (two teams), College of Charleston (two teams), Goucher College, Hollins University (two teams), Lynchburg College, University of Mary Washington, Mount Holyoke College (two teams), Randolph College, Savannah College of Art and Design, Sweet Briar College, Virginia Intermont College (two teams) and Virginia Tech (two teams, for a total of twenty teams). While this show did not count for IHSA points, it was a great venue for coaches to see what they have this year and for new IHSA riders to get their feet wet. In addition, the level of competition proved very high, which was no surprise given the caliber of collegiate riding programs involved.

The morning started with schooling the horses. Riders and coaches were allowed to watch this process to become familiar with both

the horses and the courses as well as ask questions. Following the schooling was the official course walk open to all exhibitors, followed by a coaches' meeting. (There were also yummy bagels, spreads and beverages provided.)

Similar to the IHSA show format, riders competed in all levels, all the way from Walk-Trot, Advanced Walk-Trot-Canter, Novice Flat and Fences, Intermediate Flat and Fences to Open Flat and Fences. Riders drew the names of their mounts out of a silver bowl, found "their" tacked up horse (held by volunteers with the horses' names on signs around their necks) and mounted shortly before entering the ring.

Like IHSA shows, riders were not permitted to school their horses. Instead, the riders adjusted their stirrups as needed and entered the ring to compete on the flat or over fences with no warm-up.

Unlike the IHSA format, this Tournament also offered a Medal class. This class was open to riders recommended by coaches as an open level rider. Three sections of eight riders each competed on the flat, and sixteen were brought back to compete over fences. The winner of this class was Katie Furches of Hollins University with an incredibly smooth course on "Piece of the Rock" from Hollins University.

The complete results of the Medal results were:  
 Champion: Katie Furches, Hollins University  
 Reserve Champion: Emily Wolek, Bridgewater College  
 3rd: Lindsay Sceats, Mount Holyoke College  
 4th: Kels Bonham, Savannah College of Art & Design  
 5th: Paige Messick, Virginia Tech  
 6th: Brooke Cole, Bridgewater College  
 7th: Brett Flower, Virginia Tech  
 8th: Rebecca L'Heureux, Mary Washington College  
 9th: Karli Postel, Goucher College  
 10th: Gillian Baird, Randolph College  
 11th: Lizzie Kerron, Randolph College  
 12th: Lindsay Irvin, Berry College

*IHSA News...Continued on page 42***EquestrianCollegeRecruiter.com****Find a college, Learn the process, Get Recruited!****We are proud to announce that we are official sponsors of the****Marshall & Sterling League****&****ASPCA Maclay Southern Regionals!**

***IHSA News...Continued from page 41***

Points were tallied during the day for both flat and fences classes to come up with the overall team placings.

At the end of the day, here is how it shook out:

Champion: Virginia Tech A Team – 29 points

Reserve Champion: Bridgewater College A Team – 27 points

3rd: Berry College A Team – 25 points

4th: Savannah College of Art & Design – 24 points

5th: Hollins University Green Team – 23 points

6th: Hollins University Gold Team – 23 points

Mount Holyoke College A Team – 23 points

Berry College B Team – 21 points

College of Charleston A Team – 21 points

Sweet Briar College – 19 points

Virginia Intermont College A Team – 19 points

Bridgewater B Team – 17 points

Goucher College – 16 points

Mount Holyoke College B Team – 13 points

Lynchburg College – 10 points

College of Charleston B Team – 10 points

Virginia Tech B Team – 9 points

Randolph College – 9 points

University of Mary Washington – 8 points

Virginia Intermont College B Team – 7 points

Host college, Hollins University, created photo albums for the three teams that donated horses for the show. It was a wonderful and appreciated gesture.

The prizes were fabulous as well. Gwen Arrigon went all out! Quilted “baby” pads were given to all class winners. Second-place finishers received embroidered caps, and third place riders won a jar of horse treats. Members of the winning team received embroidered sweatshirts, as well as other goodies.

IHSA Executive Director, Bob Cacchione, was on hand to speak with students, parents and coaches, as well as present some of the awards.

Two more Tournament of Champions shows are scheduled for this school year: December 5,, 2009 at Centenary in New Jersey and January 30, 2010 at Mary Washington.

IHSA Nationals will be held May 6 – 9, 2010 at the Kentucky Horse Park.

\*The IHSA provides collegiate riders of all skills the opportunity to compete individually and as teams in equestrian competition. It was founded on the principle that any college student should be able to participate in horse shows regardless of his or her riding ability and financial status.\* \*Emphasis is on learning, sportsmanship and fun.\* \*The IHSA offers 8 levels of Hunter Seat riding and 6 levels of Western riding.\*

For more information on the IHSA, please go to: [www.ihSainc.com](http://www.ihSainc.com)

IHSA News update: A partnership between the IHSA and the USHJA has just been announced.

## **CFCC PINHOOK PROJECT SUPPORTS EQUINE STUDIES PROGRAM**

Equine Studies students at Central Florida Community College bid farewell to their thoroughbred colt by Werblin out of Pink Slip at the Ocala Breeders’ Sales auction on Aug. 27. The sale was the culmination of a semester-long pinhooking project that brought real-life experience to students in the Equine Studies program. Students recruited donations of feed, hay, farrier service, veterinary care and shavings for the donated horses.

“The colt swam three times a week during the 90 days prior to the sale to build muscles and improve condition,” said Laurie Kapsa, team leader for the project. The students also groomed and hand walked the yearling daily to prepare him for the sale.

Jeannie Mayberry of Sunshine Equine bought the colt for \$1,500. A second yearling was also prepared for sale by the students, but she did not bring a bid in the sales ring. She was donated to Andy Burns of Larsen Farms who donated the hay for the project. While disappointed with the financial results of the sale, the students learned a valuable lesson about how the economy affects the horse industry.

“Last year’s project sold for \$7,000, but the economic uncertainty in the Thoroughbred industry impacted not only us, but everyone who presented horses for the sale,” said Amanda Brennan, instructor for the Sales Preparation class.

“The pinhooking project gives students an opportunity for real-life experience,” said Dr. Judy Downer, associate professor of Equine Studies. “Proceeds from the sale allow future students to benefit from the Equine Studies program.”

A preview party and fundraiser raised an additional \$5,500 for the Horseman’s Society Equine Education Scholarship Fund. For further information about the project or Equine Studies program contact Downer at [downerj@cf.edu](mailto:downerj@cf.edu) or 352-854-2322, ext 1220.

Contact CFCC Marketing and Public Relations Coordinator Lois Brauckmuller at 352-854-2322, ext. 1374, [brauckml@cf.edu](mailto:brauckml@cf.edu), Barbara Trebilcock, coordinator, [trebilcb@cf.edu](mailto:trebilcb@cf.edu) or Dr. Joe Wallace, director, [wallacej@cf.edu](mailto:wallacej@cf.edu). The Ocala Campus is located at 3001 SW College Road, Ocala, Fla. 34474-4415, 352-873-5800. For additional information, visit our Web site at [www.CF.edu](http://www.CF.edu).

# **COLLEGE COVERAGE**

# college Around the Ring...



Landrie Folsom riding "Just About Perfect" is shown in the photo being presented a gift certificate from Bridget Imparato of EquestrianCollegeRecruiter.com for winning the ASPCA Maclay class at the North Florida Labor Day Horse Show.



West Chester University (Pennsylvania)  
Equestrian Team members



If you have a social event to be featured in The Plaid Horse, please email us at: [theplaidhorse@aol.com](mailto:theplaidhorse@aol.com)

# COLLEGE RIDER

## LINDSAY MAXWELL

Name: Lindsay Maxwell  
Age: 20  
Hometown: Atlanta, GA

How long have you been involved with horses? 16 years

What made you want to be involved with them? When I was little, my first stuffed animal was a horse. Someone mentioned that I could ride one just like him and it took off from there! My mother also rode when she was a girl, so she was immediately supportive.

What instructors do you work with? My coach at Sewanee is Megan Taylor. My trainer at home from the time I was four years old is Brad Spragg.

What people in the industry do you admire most and why? I admire every rider that is involved in the IHSA whether they ride or just help out at shows. The IHSA is doing great things for many people as far as equestrian goes and anyone who helps them continue to give people the opportunity to ride throughout their college years is someone to admire!

Besides horses, what other things do you do for fun? Throughout high school, horses took up pretty much all of my time outside of school. However, I love to go hiking whenever I can and spend time just relaxing with friends and family.

What is your favorite subject in school? I would say education. I want to go on to be a special education teacher and learning different ways to connect to people and open up new doors is rewarding and fun.

Other favorite things:

Movie: Breakfast at Tiffanys

Color: Green

Book: Catcher in the Rye

Band: The Allman Brothers Band

What is your favorite thing about competing? My favorite thing about intercollegiate riding is the team aspect of the IHSA. Throughout my riding career I could not imagine how riding could be a team sport. I love how the intercollegiate program allows this normally individual sport to take on a team aspect. The entire show experience from getting horses ready to show to cleaning up after a long show day is a bonding experience for everyone involved.

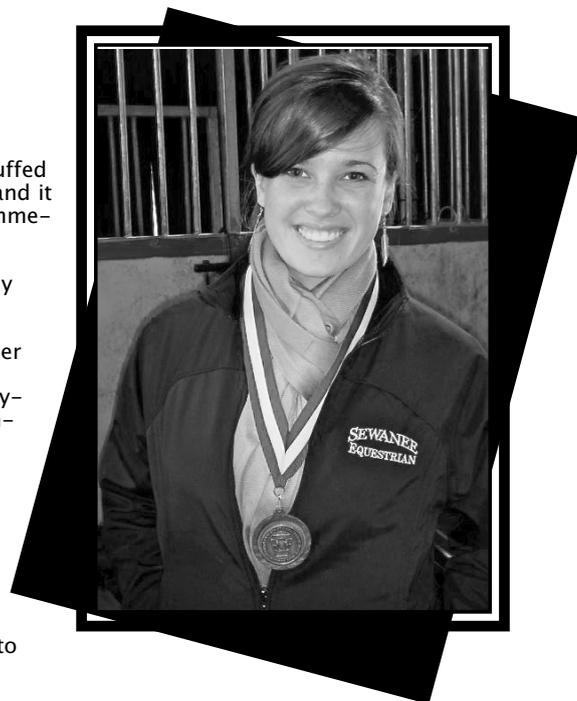
If you competed prior to the intercollegiate program, what did you find most challenging about the different show format? The most challenging part of the new format was definitely having virtually no warm up before showing. This was challenging, but also very exciting. To get one horse you have probably never ridden before and go straight into the rig to compete really forces the riders to bring everything they have learned together for one course. This dynamic format is both difficult and exhilarating.

What is your greatest accomplishment to date? My greatest accomplishment to date is qualifying for all of the major national shows every year that I showed in the Junior Hunters and various equitation finals throughout my junior career. My parents and trainer were always very supportive of me and made all the opportunities I could imagine open to me!

How do you balance schoolwork and competition? I had plenty of practice with this in high school. As long as I keep up with work and keep my grades high, my professors are extremely understanding. Coach Taylor and the Deans are always good about letting professors know in advance when the team will be away, which always makes things go more smoothly.

What is your goal for next year? My freshman year I was the Cacchione Cup rider for my region freshman year. Last year, I could not compete first semester due to injury, so I was unable to catch up enough to qualify for regionals. This year, I am hoping to come back strong and qualify for the Cacchione cup again!

What are your long term goals involving horses? I plan to always have horses play a big role in my life, but right now I do not plan to pursue a career involving horses. However, I hope to always be fortunate enough to be able to ride and have horses in my life.



## WHAT IS THE COLLEGE RIDING EXPERIENCE LIKE?

The staff at EquestrianCollegeRecruiter.com interviewed several IHSA college riding coaches and team captains about what the college riding experience was like. Below are a few of the responses.

### *What do college-level equestrian organizations add to a student's college experience?*

1. It gives a student an opportunity to continue competing without having the financial/time commitment of bringing their horse to school with them. Specifically at the University of Pittsburgh-which is an urban campus-the students get the opportunity to leave the city, continue to ride, and get a break from urban living. In addition, members of the IHSA are eligible for several scholarship opportunities-I strongly encourage students to apply for these. **Becki Bloom, Head Coach, University of Pittsburgh, PA**
2. They develop team building skills, create friendships and networking that assist in college and way after. **Lori Cramer, Miami Equestrian, Director of Riding.**
3. Being able to integrate their riding into pursuing a college degree is important for the serious rider who is college bound. Traditionally, the choices for competitive riders going to college have been to reduce their involvement in riding in order to pursue a non-equine related degree or to attend a college that offers equine degrees. Intercollegiate competitions permit students to find the best fit in a degree program without having to give up horses for 4 years. For riders who have always shown as individuals, the chance to be part of a team is a unique opportunity. **Carol Burrowbridge, Mercer College, Head Coach**
4. Our team at Wellesley is primarily a way for our members to continue riding while in college. It is a great opportunity to continue riding and competing without a lot of pressure, time requirement, and without having to own and keep your own horse. **Amelia C. Cutler, Wellesley Equestrian Captain.**
5. An opportunity to grow as a rider as well as a leader. **Erin S. LeCompt, Moorehead State University Head Coach.**
6. It provides the "collegiate team" experience to the Equestrian athletes as well as the more traditional collegiate sports do. For many this is a new and valuable concept. **Eddie Federwisch, Virginia Intermont Head Coach.**
7. Getting involved with student organizations is so important to having a successful and meaningful college experience. While academics are of course a priority, organizations such as an equestrian team are an outlet for growth, as well as making friends and memories that you will cherish for life. Involvement to a group with a united cause or goal is incredibly valuable. For example, on CUET we regularly talk about how much the team has helped us develop, bond, and learn new skills that will be vital to our futures, wherever those might be and whatever they might entail. It is also a wonderful opportunity for people who have never been able to ride or show before. Many teammates would not have the option of learning to ride or of competing if it weren't for the IHSA and their respective team, making the team an invaluable. **Charlotte Powers, Clemson University, Equestrian Team Vice President.**

### *How competitive is the entry process?*

1. One important aspect of the IHSA is its appreciation of all riders and the opportunities it presents to riders of every level, from top "A" circuit riders to those who have never come in contact with a horse before. Because of this, riders of these varying degrees of experience are all welcome to join CUET- in fact, having beginners is important for shows as well, as the points earned in Walk-Trot are equal to those of Open, the highest level. We accept everyone who wants to join, and as a result, have a large team of about 50 members. It is our belief, which reflects the ideals of the IHSA, that everyone should have the opportunity to ride and become involved with a team. **Charlotte Powers, Clemson University, Equestrian Team Vice President.**
2. It is truly a matter to be determined by the individual colleges and student perspectives. **Eddie Federwisch, Virginia Intermont Head Coach.**
3. The entry process for our team is not competitive at all, we accept all interested students. As a club sport we do not hold tryouts, and as an IHSA team, we require members of all levels. **Amelia C. Cutler, Wellesley Equestrian Captain.**
4. We are a club sport so there are no tryouts but required events, GPA and sponsors. **Erin S. LeCompt, Moorehead State University Head Coach.**
5. We host try-outs in the fall and take approximately 80 of the 125 that try-out and those that do not make the team are offered riding lessons and to contribute to be a part of the Miami riding experience and try-out later. **Lori Cramer, Miami Equestrian, Director of Riding.**
6. The equestrian club at The University of Pittsburgh is a club sport so membership is open to full time undergraduate students. Because the competitions offer limited entries, anyone is welcome to join the club, but there is no guarantee that every member will have the opportunity to compete. **Becki Bloom, Head Coach, University of Pittsburgh, PA**
7. It can vary greatly from school to school depending on number of students at the school interesting in competing. Some teams are open to anyone willing to put forth the commitment in time and effort and others are highly competitive and not everyone will have a chance to compete at the shows. **Carol Burrowbridge, Mercer College, Head Coach**

### *How much of a time management crunch will it put on a student's studies?*

1. Most students are accustomed to juggling studying and riding or other activities. Obviously the time crunch will depend upon how demanding their degree program is and how demanding the riding program is and will vary from student to student. Some teams will have study hall, fitness training or barn work requirements that will also have to be added to the students time management load.

**WHAT IS THE COLLEGE RIDING EXPERIENCE LIKE?...**

continued from page 45

I would say that excluding any travel to and from the stable, students should plan on devoting at least 5 hours a week to practice and related activities if they want to be competitive.

*Carol Burrowbridge, Mercer College, Head Coach*

2. It is much like having a 3 credit class-the students have practice one night a week-with travel time factored in, the students need to plan to be away from campus for 2 1/2 to 3 hours on their riding days, then those who compete in the IHSA shows, have travel/shows in the weekend. *Becki Bloom, Head Coach, University of Pittsburgh, PA*

3. Academics are the priority and we are able to schedule around this and accommodate. Students are required to utilize time management skills but we assist. *Lori Cramer, Miami Equestrian, Director of Riding.*

4. I believe college in general is about time management so my riders know in advance what time is required of them and they work well within those time frames. *Erin S. LeCompt, Moorehead State University Head Coach.*

5. Our team is fairly relaxed, and does not require a great time commitment. A typical week is a 45 minute workout, 3 hours for lessons and a half hour meeting. *Amelia C. Cutler, Wellesley Equestrian Captain.*

6. Again it depends on the commitment and the time the student is able to invest. The IHSA was founded to provide this opportunity with the collegiate requirements in mind. *Eddie Federwisch, Virginia Intermont Head Coach.*

7. All IHSA teams differ on the time required. While CUET does have some mandatory events, such as fund raising horse-shows and meetings, it is an organization that allows you to get involved without consuming your entire schedule. Most team members are involved with many other organizations as well, such as sororities, other sports, and service organizations. A good illustration of this is that most teammates on CUET have excellent grades (over a 3.5 GPA); many are members of the Honors College, and all come from a diverse range of majors, including biology, engineering, psychology, and more. Quite a few riders have their own horses as well, who they ride daily. Much of CUET is how much each individual desires to put into it- there are so many opportunities to be involved and spend time with teammates, most of which are fully voluntary. *Charlotte Powers, Clemson University, Equestrian Team Vice President.*

**What are some key factors or qualities students should have when they apply to be on a team?**

1. A rider should be coachable, a team player, and have a good sense of humor about oneself and others. *Lori Cramer, Miami Equestrian, Director of Riding.*

2. A love for the horses, barn and sport, along with dedication to the group. *Erin S. LeCompt, Moorehead State University Head Coach.*

3. All we require is that students be interested and willing to put in a little bit of effort-attend meetings, workouts, lessons, shows, and assist with fundraising. *Amelia C. Cutler, Wellesley Equestrian Captain.*

4. Sportsmanship, good work ethic and excitement. *Eddie Federwisch, Virginia Intermont Head Coach.*

5. First is having a good sense of humor. 2nd-and this is sometimes difficult for students who have an extensive show background-is the ability to put the goal of the team ahead of personal goals with respect to collegiate riding. *Becki Bloom, Head Coach, University of Pittsburgh, PA*

6. The key qualities that I look for in a rider are desire to make riding and team activities one of their top priorities and a willingness to work hard to learn how to be a better rider and horseman. I expect students to be open to learning, serious about becoming a better equitation rider and to take the time to care for the horse and tack before and after each ride. *Carol Burrowbridge, Mercer College, Head Coach*

7. Dedication, a desire to learn, a good attitude, and a desire to have fun are the main qualities team members should have. Equestrian teams are about coming together, supporting one another, and learning. Through these factors, it is also about growing as a student, a friend, and a professional; so many qualities that one develops, such as leadership and responsibility, are applicable to future careers and aspirations, and are therefore tremendously valuable. *Charlotte Powers, Clemson University, Equestrian Team Vice President.*

**Do you have any tips to help students be successful in their college athletic/equestrian activities?**

1. Get involved! College is not just about books and exams; it is about learning, growing, changing, and finding out who you are. By getting involved with groups, organizations, and teams, you'll discover qualities that you didn't know you had, goals you will aspire to, and friends that will change your life. *Charlotte Powers, Clemson University, Equestrian Team Vice President.*

2. Study! Compete! Succeed! *Eddie Federwisch, Virginia Intermont Head Coach.*

3. None in particular, it really depends on the school, riding program and personal goals. *Amelia C. Cutler, Wellesley Equestrian Captain.*

*College Experience...continued on next page*

## COLLEGE RIDING

continued from page 48

4. Have a great work ethic not only in the sport but in classes as well. I can promise you bad grades are not a result of the team but the choices made by the riders at night and on weekends. **Erin S. LeCompt, Moorehead State University Head Coach.**

5. Accurately represent your show/riding experience. Be open to differences in riding disciplines. If your background is in eventing and you are trying out for a hunter seat IHSA team-be open and receptive to the fact they are different disciplines, and be willing to adapt. BE NICE-collegiate riding is a team sport- in the IHSA the Walk Trot rider's points count just as much as the Open Rider. Be as riding fit and in shape as you can be, and make a good impression at your tryout by having your shirt tucked into your clean breeches, wearing a belt, polishing your boots, and have your hair neatly contained in net. **Becki Bloom, Head Coach, University of Pittsburgh, PA**

6. Be honest with yourself and decide what you want to get out of college and college riding. If you do want to ride in college, be prepared to make it a priority, approach it with discipline and treat yourself and the horses as athletes. Both college-level courses and competitive riding require good time management and good self-management. **Carol Burrowbridge, Mercer College, Head Coach**

# 30th Annual PHSA Pennsylvania Horse Shows Association Awards Banquet January 23, 2010

Longwood Gardens  
Kennett Square, PA  
5:00 pm PHSA Annual Meeting  
6:30 pm Cocktails & Silent Auction  
8:00 pm Dinner & Awards Ceremony  
\$85 Adults  
\$25 Children 12 & under

## Thank You To The ...

### 2008 Blue Ribbon Sponsors:

The Clothes Horse  
Out of Reach Farm  
Tustin Farm  
Vidal Photography  
Windy Willow Farm

### 2008 Red Ribbon Sponsors:

Equine Marketer • Gambone Brothers  
Magic Hill Farm LLC • Nutrena

### 2008 Yellow Ribbon Sponsors:

Ashley Meadows Farm • Durango Farm  
Davis Feed • Gwyn Meadows  
John Howard • Doris MacDonald  
Pughtown Agway 8 Swan Lake Stables

### 2008 Gift Bag Sponsors

Bits of Tack  
Geiger- Melissa Gordon  
PHSA • The Blanket Lady  
The Clothes Horse  
The Engraver • The Plaid Horse  
The Wool Garden • Two Bit Farm  
Windy Willow Farm

### 2008 Silent Auction Donors

Baci • Barrington Hill  
Bechtelsville Agway  
Bent Brook Farm Family  
Bit of Heaven Tack Shop  
Body & Sole • Borghi  
Bridget Hanley  
Bucks County Saddlery  
Cheryle Francis • Cheryll Francella  
Chestnut Hill Cheese Shop  
Chuck Coldren • Cin Cin  
Davis Feed Mill  
Doris MacDonald  
Dublin Agway • Essex Classics  
Hoof Print Images  
Hunter's Peak Stallions  
Jack Gambone  
Katie & Jack Benson  
Kimberton Whole Foods  
KT Saddlery • Larry's Wood Shop  
Little Connestoga Picture Frames  
Malvern Saddlery  
Mary Morrill • Mileview Farm  
Nutrena • Nutri-Science  
P&A Feed and Pet  
PA Hunter Pony Breeders Association  
PA Hunter Breeders Futurity  
Paradox Vineyard  
Pinnel Custom Leather  
Premier Properties of SW Florida  
Quilted Horse Designs  
Tack Works • Tarnbrook Tack  
The Chestnut Grill • The Clothes Horse  
The Cotton Patch • The English Shop  
The Engraver  
The Equine Marketer  
The Groveland Grill  
The Horse Connection  
The Horsemans Outlet  
The Plaid Horse  
The Stitching Horse • The Stockton Inn  
The Tack Shelter • The WindRush  
Unionville Saddle Shop  
Why Wait Farm • Worcester Stables

[www.PennHSA.org](http://www.PennHSA.org)

7. Enjoy your riding and see it as part of the big picture. Laugh and work hard, celebrate the little victories and keep your eye on the prize ( I stole that last part from my assistant hunt seat coach) she is a great motivator. **Lori Cramer, Miami Equestrian, Director of Riding.**

*Michael Imparato ~ EquestrianCollegeRecruiter.com  
Next month the NCAA Recruiting Timetable*